

ΠΑΝΕΛΛΗΝΙΟ ΠΡΩΤΑΘΛΗΜΑ ΟΡΕΙΝΗΣ ΠΟΔΗΛΑΣΙΑΣ

ΕΔΕΣΣΑ, 19-21.07.2024

ΑΠΟΤΕΛΕΣΜΑΤΑ

CROSS COUNTRY OLYMPIC MEN ELITE / ΑΝΔΡΕΣ

Rank	BIB	Name	Club	Time
1	11	PERIKLIS ILIAS	PS KRONOS NIKAIAS	1:24:31
2	1	ALEXANDROS ATHANASIADIS	AS PROTEAS	1:28:50
3	4	CHAROUN MOLLA AMET ALI OGLOU	PGS LARISSAS	1:29:48
4	3	ALEXANDROS KAROUSOS	PS KRONOS NIKAIAS	1:32:08
5	6	THEODOROS PETRIDIS	SYFA GERAKA	1:32:43
6	7	IRAKLIS BALAFAS	PS KRONOS NIKAIAS	1:34:48
7	5	NIKOLAOS GEORGIADIS	AEK	1:36:46
8	10	ARISTARCHOS ADAKTYLOS	PS MACHITES THESSALONIKIS	1:37:02
9	23	PETROS GKAZONIS	PS KRONOS NIKAIAS	1:38:01
10	9	GEORGIOS GLAVINAS 80%	PO VELOS	-1 LAP
11	8	KONSTANTINOS KALOGEROPOULOS 80%	PS KRONOS NIKAIAS	-1 LAP
12	14	PRODRAMOS POULIOS 80%	APS O MACHITIS	-2 LAPS
13	20	GEORGIOS FILIOS 80%	PAS EDESSAS AEROPOS	-2 LAPS
14	16	EFSTATHIOS AKRITIDIS 80%	AS O PODILATIS	-3 LAPS
15	13	VASILEIOS VITZILAIOS 80%	PO PATRON	-3 LAPS
16	15	MARIOS ADALOGLOU 80%	PO KARDITSAS	-4 LAPS
17	22	NIKIFOROS KOURIS 80%	PESA ASTERAS	-5 LAPS
	21	THEODOROS PASTERGIOS	PAOK	DNF

CROSS COUNTRY OLYMPIC WOMEN ELITE / ΓΥΝΑΙΚΕΣ

Rank	BIB	Name	Club	Time
1	51	ELEFThERIA GIACHOU	AS PROTEAS	1:25:20
2	58	VARVARA FASOI	PANATHINAIKOS AO	1:35:43
3	60	ATHINA TZOULAKI	PAS ATLAS RETHYMNOU	1:38:58
4	53	AIKATERINI ELEFThERiADOU	PGS LARISSAS	1:42:33
5	55	DESPOINA VATHI 80%	PS MANDRAS "DYT.AKTI"	-1 LAP
6	54	ALEXANDRA ADAM 80%	PS MANDRAS "DYT.AKTI"	-2 LAPS
7	56	KONSTANTINA KARALI 80%	PO KARDITSAS	-3 LAPS

CROSS COUNTRY OLYMPIC MEN U23 / ΝΕΟΙ ΑΝΔΡΕΣ

Rank	BIB	Name	Club	Time
1	1	ALEXANDROS ATHANASIADIS	AS PROTEAS	1:14:48
2	3	ALEXANDROS KAROUSOS	PS KRONOS NIKAIAS	1:16:09
3	5	NIKOLAOS GEORGIADIS	AEK	1:18:22
4	7	IRAKLIS BALAFAS	PS KRONOS NIKAIAS	1:22:25
5	10	ARISTARCHOS ADAKTYLOS	PS MACHITES THESSALONIKIS	1:22:49
6	19	NIKOLAOS CHATZIKYRIAKIDIS	AS MACHITES PEFKON	1:28:33
7	9	GEORGIOS GLAVINAS	PO VELOS	1:29:33
8	12	MICHAIL LOULOU DIS	PAS IOANNINON	1:30:19

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CROSS COUNTRY OLYMPIC WOMEN U23 / ΝΕΕΣ ΓΥΝΑΙΚΕΣ

Rank	BIB	Name	Club	Time
1	51	ELEFThERIA GIACHOU	AS PROTEAS	1:09:27
2	60	ATHINA TZOULAKI	PAS ATLAS RETHYMNOU	1:18:11
3	52	EIRINI, MARIA KAROUSOU	PS KRONOS NIKAIAS	1:21:21
	57	CHRISTINA KAMPANI	PS KRONOS NIKAIAS	DNF

CROSS COUNTRY OLYMPIC MEN JUNIOR / ΕΦΗΒΟΙ

Rank	BIB	Name	Club	Time
1	32	GEORGIOS KOUSIS	AS PROTEAS	0:57:19
2	36	DIMITRIOS KATSIKAS	PS MACHITES THESSALONIKIS	0:57:41
3	34	ANDREAS STAMATOPOULOS	AS ALFA	1:00:38
4	31	EFSTRATIOS MANOLIDIS	AEK	1:05:03
5	40	KONSTANTINOS KOURMOULIS	POCH TALOS	1:05:29
6	43	CHRISTOS KOUTSITZIS	PDS ODYSSEAS	1:07:25
7	35	GEORGIOS GRIGORIADIS	AS O PODILATIS	1:09:14
8	46	MARIOS KARAVASILOGLOU	SOCH FLORINAS	1:10:34
9	37	KONSTANTINOS PARIANOS	AO THISEAS	1:13:25
10	42	CHRISTOS GKOLTSOS	PGS LARISSAS	1:15:10
11	45	CHRISTOS GLAMPEDAKIS	POCH TALOS	1:15:33
12	47	MICHAIL KASPARIS	PO VELOS	1:15:54
13	48	STERGIOS KASAPIDIS -1 LAP	AS O PODILATIS	-1 LAP
14	41	KONSTANTINOS ZINTZOVAS -1 LAP	PGS LARISSAS	-1 LAP
	33	KONSTANTINOS BERDEMPES	PS KRONOS NIKAIAS	DNF

CROSS COUNTRY OLYMPIC WOMEN JUNIOR / ΝΕΑΝΙΔΕΣ

Rank	BIB	Name	Club	Time
1	74	EVELINA ZAFEIRI	AO THISEAS	1:00:16
2	72	EVANGELIA NTAKOU	PS TRIKALON	1:01:58
3	71	MARIA-NEKTARIA THEOCHARI	APO KOROPIOU	1:03:30
4	73	GEORGIA ROBOTOU	PGS LARISSAS	1:10:42
5	75	NIKOMACHI DELLAPORTA	AS O PODILATIS	1:23:29
6	76	DIMITRA BAKATHANASI -1 LAP	PS KRONOS NIKAIAS	-1 LAP

E-MTB MEN ELITE / ΓΥΝΑΙΚΕΣ 19+

Rank	BIB	Name	Club	Time
1	6	THEODOROS PETRIDIS	SYFA GERAKA	1:00:34
2	4	CHAROUN MOLLA AMET ALI OGLOU	PGS LARISSAS	1:04:54
3	28	PETROS RASSOS	PAS EDESSAS AEROPOS	1:07:09
4	22	NIKIFOROS KOURIS	PESA ASTERAS	1:17:42
5	16	EFSTATHIOS AKRITIDIS	AS O PODILATIS	-1 LAP

E-MTB WOMEN ELITE / ΓΥΝΑΙΚΕΣ 19+

Rank	BIB	Name	Club	Time
1	58	VARVARA FASOI	PANATHINAIKOS AO	1:04:41
	53	AIKATERINI ELEFThERIA DOU	PGS LARISSAS	DNF

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CROSS COUNTRY CIRCUIT MEN ELITE/ΑΝΔΡΕΣ

Rank	BIB	Name	Club	Time
1	1	ALEXANDROS ATHANASIADIS	AS PROTEAS	24.18
2	4	CHAROUN MOLLA AMET ALI OGLOU	PGS LARISSAS	24.51
3	5	NIKOLAOS GEORGIADIS	AEK	25.10
4	7	IRAKLIS BALAFAS	PS KRONOS NIKAIAS	25.16
5	6	THEODOROS PETRIDIS	SYFA GERAKA	25.59
6	9	GEORGIOS GLAVINAS	PO VELOS	26.25
7	23	PETROS GKAZONIS	PS KRONOS NIKAIAS	26.46
8	10	ARISTARCHOS ADAKTYLOS	PS MACHITES THESSALONIKIS	27.11
9	8	KONSTANTINOS KALOGEROPOULOS	PS KRONOS NIKAIAS	28.20
10	14	PRODROMOS POULIOS	APS O MACHITIS	29.13
11	13	VASILEIOS VITZILAIOS	PO PATRON	29.53
12	16	EFSTATHIOS AKRITIDIS	AS O PODILATIS	31.27
13	25	IOANNIS SKORDAS	PS MANDRAS "DYT.AKTI"	34.47
14	22	NIKIFOROS KOURIS	PESA ASTERAS	-1 LAP

CROSS COUNTRY CIRCUIT WOMEN ELITE/ΓΥΝΑΙΚΕΣ

Rank	BIB	Name	Club	Time
1	51	ELEFThERIA GIACHOU	AS PROTEAS	18.15
2	58	VARVARA FASOI	PANATHINAIKOS AO	19.39
3	60	ATHINA TZOULAKI	PAS ATLAS RETHYMNOU	19.53
4	53	AIKATERINI ELEFThERIADOU	PGS LARISSAS	21.51
5	54	ALEXANDRA ADAM	PS MANDRAS "DYT.AKTI"	22.10
6	55	DESPOINA VATHI	PS MANDRAS "DYT.AKTI"	23.42
7	57	CHRISTINA KAMPANI	PS KRONOS NIKAIAS	26.06
8	59	VASILIKI KOKKALI	PGS LARISSAS	27.39

CROSS COUNTRY CIRCUIT MEN JUNIOR/ΕΦΗΒΟΙ

Rank	BIB	Name	Club	Time
1	34	ANDREAS STAMATOPOULOS	AS ALFA	24.14
2	32	GEORGIOS KOUSIS	AS PROTEAS	24.36
3	31	EFSTRATIOS MANOLIDIS	AEK	25.17
4	36	DIMITRIOS KATSIKAS	PS MACHITES THESSALONIKIS	25.33
5	40	KONSTANTINOS KOURMOULIS	POCH TALOS	26.19
6	37	KONSTANTINOS PARIANOS	AO THISEAS	27.09
7	38	THEODOSIOS ZISOPOULOS KOINOVIARCHIS	PS MACHITES THESSALONIKIS	28.03
8	46	MARIOS KARAVASILOGLOU	SOCH FLORINAS	28.27
9	35	GEORGIOS GRIGORIADIS	AS O PODILATIS	29.07
10	43	CHRISTOS KOUTSITZIS	PDS ODYSSEAS	29.18
11	45	CHRISTOS GLAMPEDAKIS	POCH TALOS	31.46
12	42	CHRISTOS GKOLTSOS	PGS LARISSAS	32.43
13	47	MICHAIL KASPARIS	PO VELOS	33.53
14	41	KONSTANTINOS ZINTZOVAS	PGS LARISSAS	-1 LAP

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CROSS COUNTRY CIRCUIT WOMEN JUNIOR/ΝΕΑΝΙΔΕΣ

Rank	BIB	Name	Club	Time
1	72	EVANGELIA ΝΤΑΚΟΥ	PS TRIKALON	21.17
2	74	EVELINA ΖΑΦΕΙΡΙ	ΑΟ ΘΗΣΕΑΣ	22.22
3	73	GEORGIA ROBOTOU	PGS LARISSAS	23.30
4	71	MARIA-NEKTARIA THEOCHARI	ΑΡΟ ΚΟΡΟΠΙΟΥ	23.54
5	75	NIKOMACHI DELLAPORTA	AS O PODILATIS	28.03
6	76	DIMITRA ΒΑΚΑΘΑΝΑΣΙ	PS KRONOS NIKAIAS	34.15