



ΕΛΛΗΝΙΚΗ ΟΜΟΣΠΟΝΔΙΑ ΠΟΔΗΛΑΣΙΑΣ • ΟΛΥΜΠΙΑΚΟ ΠΟΔΗΛΑΤΟΔΡΟΜΙΟ ΑΘΗΝΩΝ
Λ. Σπύρου Λούη, 151 23 Μαρούσι, Αθήνα, τηλ. 210 6859788, φαξ: 210 6859739
<http://www.hellenic-cycling.gr>, e-mail: eopbike@otenet.gr

HELLENIC CYCLING FEDERATION • OLYMPIC ATHENS VELODROME
Sp. Loui Avenue, 151 23 Marousi, Athens, Greece, tel: (+30) 210 6859788, fax: (30) 210 6859739
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FEDERATION CUP #5 AND #6 TECHNICAL GUIDE

Hellenic Cycling Federation in cooperation with affiliated clubs "Podilatis" and "Aias Kilkis", with the technical support of Racesystem.gr, organizes mountain bike cross country races (XCO), **7th and 8th of March 2020**. Both races are registered in UCI Calendar as class #2 (C2) for Elite Men and Women classification. Other categories shall be organized as National Calendar races. Race venue is at Aghios Georgios hill in Kilkis.

Closest airport is **Thessaloniki "Makedonia" Airport (SKG)**, 45km from venue.

COMPETITION SCHEDULE:

Saturday, Mar.7th 2020

09.00	Training
10.00	Team Managers Meeting (Café Lofos)
11.00	National race <i>U11 men, women (15')</i>
11.25	National race <i>U13 men, women (20')</i>
12.00	XCO Federation Cup #5 Elite Men & Women (90')
14.00	National race <i>U17 men, women (50'), U15 men, women (40')</i>
15.00	National race <i>Masters men, women (70'), Juniors men, women (60'), Sportive/Open (60')</i>
16.30	Awards Ceremony

Sunday, Mar.8th 2020

08.00	Training
19.00	Team Managers Meeting (Café Lofos)
10.00	National race <i>U11 men, women (15')</i>
10.25	National race <i>U13 men, women (20')</i>
11.00	XCO Federation Cup #5 Elite Men & Women (90')
13.00	National race <i>U17 men, women (50'), U15 men, women (40')</i>
14.00	National race <i>Masters men, women (70'), Juniors men, women (60'), Sportive/Open (60')</i>
15.30	Awards Ceremony

1.1 Venue/Course:

Course for Federation Cup #5 is 4.1 km long. Course for Federation Cup #6 is 4.4km long. Courses are located in is at **Aghios Georgios hill in Kilkis**. Start and finish area as shown in map.

1.2 Registration

1.2.1 All riders competing in UCI Categories must carry a valid UCI licence issued by

Μέλος:
Member:



Χορηγοί:
Sponsors:





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respective national federation of rider's country of permanence.

1.2.2 Registration procedures is via web in the following web-address: info@podilatis.gr

1.2.3 Deadline for registrations for UCI Races is **Monday, 2nd of March 2020**

1.2.4 Registration fee:

UCI Categories:

25,- € for participants in one event or 45,- € for participants for both events.

National Categories:

Masters/Sportive/Open: 10,- € per event

Other national categories: No fee

1.2.5 Payment of fee, at secretariat office, before gathering race numbers.

1.3 Secretariat:

Secretariat office will be set in Start – Finish Area since **08:00** each day. All riders must confirm their participation, pay the entry fee and receive the race numbers. Carrying of race numbers is obligatory also for training.

1.4 Technical Meeting:

Technical meetings for both races will be set in **café Lofos**, close to Start/Finish area, according competition schedule. Team managers or riders presentation is strongly recommended.

1.5 Rules:

Race will be held under **UCI** and **Hellenic Cycling Federation** rules. There will be one Feed/Technical Zone, close to Start/Finish area.

1.6 Prizes:

1.6.1 Medal Ceremony for best three riders in each category.

1.6.2 Prizes according UCI Financial Obligations Mountain bike 2020 (UEC Cat.2/Class #2)

Place/Category	M/W
1 st	175,- €
2 nd	140,- €
3 rd	105,- €
4 th	87,- €
5 th	70,- €
6 th	63,- €
7 th	56,- €
8 th	49,- €
9 th	42,- €
10 th	35,- €
Total per Category	822,- €

1.7 Award Ceremony:

As shown in competition schedule. Every rider involved in ceremonies must be in racing outfit and without bikes or other accessories (such as bottles etc.) Prizes will be given after the end of award ceremony.

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1.8 Doping Control:

In case of National Anti-doping agency presence, riders will be informed during Technical Meeting, regarding procedures of samples collection.

1.9 Penalties:

According UCI scale of Penalties.

1.10 Commissaires' Panel:

1.10.1 PCP: Ido Eindor (ISR) - UCI appointed Commissaire

1.10.2 Other members: will be appointed from Hellenic Cycling Federation.

1.11 Contact Information:

Hellenic Cycling Federation/Technical Commission +30 2106859788, eopbike@otenet.gr

Race Director: Lefteris Akritidis +30 6932280305 info@podilatis.gr

HCF Techn.Delegate: Thomas Mittas +30 6941446610 tmittas@yahoo.com

1.12 Medical Assistance/Hospital:

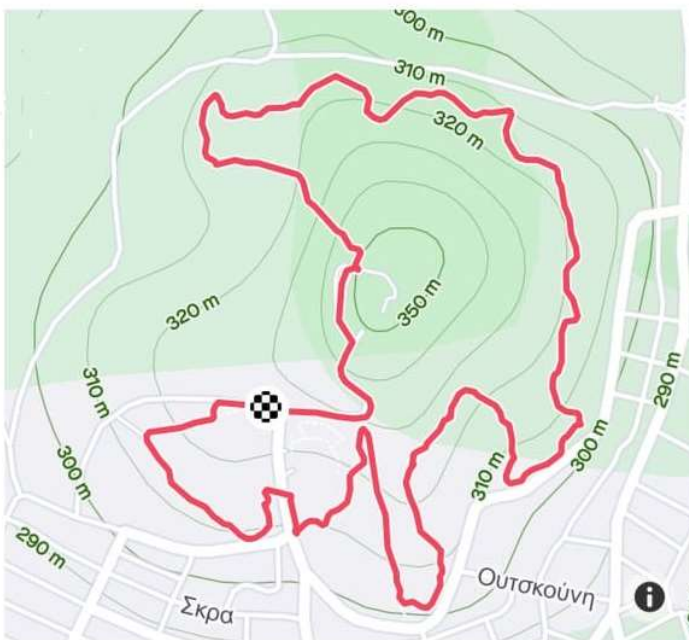
Organizer will have a doctor and paramedical assistance presented at race venue during races and official training. Nearest hospital is:

General Hospital of Kilkis

Gialamidi 2 Str. 61100, Kilkis +302341 351400

1.13 Race Map:

Course #1 (Sat.7/3/2020)



Χορηγοί:
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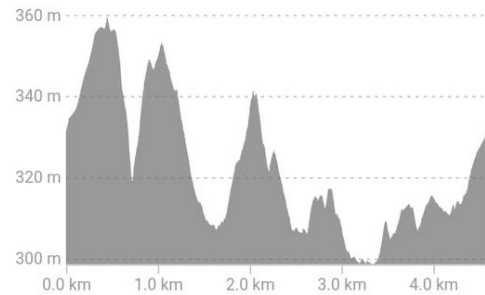
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Course #2 (Sun.8/3/2020)



Hellenic Cycling Federation/Technical Commission

Χορηγοί:
Sponsors:

